Among light-based devices that benefit rosacea patients are the 532nm KTP laser, the pulsed dye laser, and IPL. The KTP laser effectively targets broken capillaries and visible telangiectases, while the low-fluence pulsed-dye laser or IPL can help to eradicate background redness. p. 18

Recommended first-line management for bacterial abscesses is incision and drainage. Systemic antibiotic therapy is not indicated for the majority of patients; When proper drainage is performed, I&D has been shown to effectively eradicate infectious organisms, including MRSA, without the need for additional antibiotic therapy. p. 32

An effective combination approach for psoriasis associated with minimal additional safety concerns is phototherapy, especially in biologics that require extra time to take effect, according to Leon Kircik, MD. “In these instances, adding ultraviolet light—either narrowband UVB or PUVA, depending on patient profile—can be extremely helpful and relatively risk-free,” he observes. p. 25

Injectablesafety.org offers several educational features that dermatologists’ patients may find useful, and you might consider referring patients interested in fillers or Botox to the site. Offerings include a comprehensive glossary of terms, extensive descriptions of the use of Botox and various fillers, and overviews of common treatment sites and techniques. p. 21

Most physicians spend far too little time in planning their businesses, i.e. asking themselves, “What do I want this practice to be like in five years, in ten years, etc.?” Most leaders, on the other hand, spend quite a bit of time in considering the possibilities and envisioning how they want their business to be. p. 12

The -25 modifier is appended any time an E/M service is provided as a significant, separately identifiable service from a procedure performed on the same day. The CPT definition of the -25 modifier specifically states that different diagnoses are not required. p. 16

Estimates suggest that about 20 percent of individuals who develop melanoma and have a family history of the disease have a CDKN2A germline mutation. One study found that 15 percent of patients (five of 33 patients) with multiple primary melanomas but no known family history of melanoma had CDKN2A germline mutations. Researchers found identical mutations in family members of three of those five individuals. p. 48

It is important to stop the spread of lice by treating inanimate objects. All clothing, bedding and washable objects should be washed in hot, soapy water and dried under high heat. If objects cannot be washed, dryclean or place them in a sealed plastic bag for two weeks. Also note that items that can come into contact with the head should not be shared. p. 47

In order to best serve patients’ needs, Vic Narurkar, MD suggests that dermatologists not think about skincare as a “cosmetic” issue. Rather, he emphasizes the role of good skincare to support and extend the benefits of various medical therapies and to aid prevention of dermatologic diseases. p. 35